

Heartland Community School Henderson/Bradshaw

December 2010 Newsletter Page 1



Dear Parents and Friends of Heartland Community Schools,

It is hard to believe that the holiday season is upon us. It seems like it was just a month or so ago when school began. The holiday season gives us many opportunities to reach out and help others. The National Honor Society will again be organizing a food drive to assist persons within the Heartland District with needed food supplies. I hope you will take this opportunity to help your students participate in this very worthwhile endeavor. The food drive will begin on December 6 and run through December 17.

As we prepare ourselves for the spirit of giving this Christmas, hopefully we will all think about ways we can reach out and make others happy this Christmas season. I would like to share the following example of this from the following article from the Master Teacher December publication "Cut & Paste".

> While shopping for holiday presents, one woman noticed a small girl with her father looking at dolls. Every time she saw a doll that she liked, she asked her father if she had enough money to buy it. Dad usually said, "Yes."

> Nearby, a mother and her young son were also looking at toys. But every time the boy noticed something he wanted to buy, his mother sadly told him he didn't have enough money. The boy looked longingly at a Pokemon toy, but ended up selecting a book of stickers.

> The girl, meanwhile, had finally settled on a Barbie doll, but when she saw the boy and his mother start toward the checkout, she put her doll down and snatched up the Pokemon toy. At the cash register, she quickly paid and then whispered something to the cashier, who smiled and placed the toy in a bag behind the counter.

> When the boy and mother were ready to pay for their purchases, the cashier produced the bag and told the boy that he was the store's 100th customer that day. When he looked in the bag and found the toy he'd wanted, the little boy's face threatened to split with joy.

> Then the woman overheard the little girl talking to her father. Dad asked why she'd bought the toy for the little boy. The girl said, "Well, Grandma and Grandpa sometimes buy me things to make me happy, don't they? I just wanted to do the same thing."

I would like to challenge all of us to think about ways we can reach out to make others "happy" during this holiday

season. I hope you all have a "Merry Christmas."

Sincerely,

Dr. Norm Yoder, Superintendent

NATIONAL HONOR SOCIETY FOOD DRIVE

The National Honor Society of Heartland Community Schools will host a food drive at the school. The donations will be distributed to people in our community and the immediate area within our district. No one is required to participate, but the generosity will be appreciated by the families and individuals receiving these gifts. The food drive will start on Monday, December 6, 2010, and will end Friday, December 17, 2010. Food will be delivered on the morning of Saturday, Dec. 18, 2010. Please help in this cause.

Dec. 6: PASTA: spaghetti, lasagna noodles, noodles, macaroni, canned sauces, macaroni and cheese.

Dec. 7: CANNED FOODS: vegetables & fruit.

Dec. 8: SOUP AND CRACKERS

Dec. 9: BREAKFAST: cereal, pancake mix, syrup, muffin mix, jelly, Pop Tarts.

Dec. 10 CLEANING SUPPLIES: Pledge, dishwashing soap, Ajax, Windex, Mr. Clean, sponges.

Dec. 13: DESSERT: cake mix, Jell-O, pudding, cookie and bar mixes.

Dec. 14: CHRISTMAS FOODS: chocolate chips, pie fillings, nuts, Christmas candy.

Dec. 15: PROTEIN: tuna, peanut butter, cheese whiz, salmon, chicken.

Dec. 16: PAPER AND PERSONAL: soap, toothpaste, toilet tissue, paper towels, Kleenex, deodorant, shampoo, combs, razors, toothbrush.

Dec. 17: APPLES AND ORANGES

If you know a family that is in need of this gift or if you have any questions, please call Ms. Sharon Bishop at the school.



SCHOOL CLOSING INFORMATION

As the winter approaches, occasional bad weather necessitates the closing of school for the safety of our students.

School closing information will be announced over the radio station KAWL (1370), and television stations KHAS, KLKN, NTV and KOLN. In Henderson it will be announced with voiceover capabilities on any cable channel (in town) when your TV is on. This year we are implementing an automated phone message service through School Reach which we plan on using for school closings. You may also call our school closing phone line at 402-723-4421. If a decision has been made the night before, the closing will be announced at 10:00PM. In the mornings it will be announced on the half hour from 6:30AM to 8:00AM (cable only).

CHRISTMAS CONCERT SOCIAL

There will be a social following the 7-12 Christmas Concert which will be held Tuesday, December 21 at 7:30 pm. The social is sponsored by the band parents. Junior high band, senior high band and the senior high choir members are asked to bring 1 1/2 dozen cookies per family for the social. Please deliver the cookies to the kitchen when you arrive for the concert.

BACK PACK PROGRAM RECOGNITION

We would like to give a special thanks to the Mennonite Brethren Congregation for their part in supplying two back packs full of food that are distributed, each week, to families in the Heartland District. This is carrying out the true spirit of Christmas the year around. Thanks for your weekly contributions.

SCHOOL BOARD MEMBERS ATTEND STATE CONFERENCE

The Heartland Board of Education members attended the State Education Conference for school board members and school superintendents at the La Vista Conference Center in Omaha on November 17-19, 2010. Current board members Gary Braun, Paul Brune, Mark Dick, Galen Friesen, Kerri Kliewer, Deb Wilhelm and newly elected members Kent Allen, Glenn Larson, and Boyd Stuhr, Jr. along with Superintendent Dr. Norm Yoder attended the two-day conference entitled "Making Education's Many Pieces Fit The current board members received the Together". "Outstanding Board" award again this year for their commitment to furthering their education as board members by attending numerous NASB activities throughout the past year.

HEARTLAND FBLA ATTENDS FLC IN KEARNEY

The Nebraska FBLA Fall Leadership Conference was held September 28 in Kearney. This conference is a one-day workshop to train local officers and members and to share the 2010-11 activities and goals of Nebraska FBLA. This year's theme is "Breaking Barriers."

The goals of Nebraska FBLA are: **Boost:** strengthen membership by two members per chapter, charter or reactivate three chapters, expand the use of the Nebraska FBLA Facebook account; **Relate:** connect FBLA chapters to PBL members and further chapter networking; **Envision:** add 50 Business Achievement Award Future Level recipients and encourage financial literacy; **Achieve:** tally up eight service hours per member and participate in the Go Green Challenge; and **Keep:** increase March of Dimes donations and raise \$10,000 for the Nebraska FBLA Foundation.

The general session was led by Aaron Davis. His presentation evoked both laughter and emotion. Using personal stories and those from students across the country, Mr. Davis challenged students to think about the impact of their choices. A choice takes only seconds to make, but the consequences last a lifetime. Following the general session, the officers and members attended two leadership workshops presented by the state officers.

The following officers and members attended the conference: President Kim Goossen, Vice President Tori Bittinger, Secretary Ashley Quiring, Treasurer Rachel King, News Reporter Lincoln Ruybalid, Historian Mariah Kliewer, Committee Rep Sondra Buller and members Cody Brown, Mikaelyn Dick and Allison Braun. Also attending the conference was adviser Kristy Most.



FBLA Members at Conference:

Back Row: Sondra Buller, Cody Brown, Lincoln Ruybalid, Ashley Quiring, Allison Braun, Rachel King and Kim Goossen.

Front Row: Mariah Kliewer, Tori Bittinger and Mikaelyn Dick.



Heartland Community School

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YOU CAN HELP YOUR MIDDLE SCHOOLER **BECOME CLIQUE-PROOF**

More than anything, most preteens just want to fit in at school. But what if your preteen goes from fitting in with her friends one day to being shunned the next? Chances are, she's fallen victim to a clique.

Typically a bigger issue for middle-school girls than boys, cliques--ever-shifting groups of peers which actively exclude certain kids--are a fact of life during adolescence. They're unpleasant, but they're also here to stay.

The key to surviving cliques is helping your preteen recognize them for what they are, so she won't be crushed if she suddenly finds herself on the outside looking in. (Ideally, her newfound insight will also keep her from shunning some other unlucky peer later.)

To help "clique-proof" your child:

- Define cliques. "Remember, honey, cliques aren't really about friendship at all. They're about power. So if someone in the group starts teasing you or being mean, she's doing it because it makes her feel powerful."
- Remind her that being shunned isn't her fault. Preteens might assume that if they were just prettier, thinner, etc., they wouldn't fall victim to a clique. But that's not true. Make sure your preteen understands this.
- Help her solve the problem. Brainstorm ways for your preteen to deal with cliques. Can she focus on friendships outside of school? Look for new friends in class? Ignore her tormentors? Whatever she decides, keep reinforcing the idea that she is not powerless.
- Offer perspective. Remind her that, like middle school, these clique issues will eventually end.

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In November, Art Club held a meeting at Mariah Kliewer's house for a barbeque and preparations for the Elementary Art Workshop. This year had a great turnout of 50 enthusiastic kindergarten through forth grade

students. Each student created a clay Christmas plaques as a gift for someone special. The first session the students constructed the plaques and the second they decorated them.

OFFER IDEAS ORGANIZATION FOR YOUR PRETEENS HOMEWORK TIME

True, your preteen's homework is her responsibility. But there are some ways you can help her tackle her nightly assignments without doing the work for her.

Here's how:

- Point her in the right direction. Does your preteen need to look up specific information? Don't do the research for her. But do suggest reliable websites she might want to try. And nudging her toward the dictionary or atlas couldn't hurt, either.
- Help her stay organized. Your preteen likely changes classes several times a day. So help her develop a system to keep everything straight. Whether she ends up using a binder full of dividers or a collection of pocket folders, staying organized may make keeping on top of her homework a bit easier.

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HEARTLAND COMMUNITY SCHOOLS

Henderson/Bradshaw Regular Board Meeting Monday, October 11, 2010 Henderson Attendance Center - Conference Room 8:00 PM **MINUTES**

Members Present: Galen R. Friesen, Gary Braun, Debra Wilhelm, Kerri Kliewer, Mark Dick, and Paul Brune. Others Present: Supt. Norm Yoder, Principals Tim Carr and Cindy Huebert. Faculty: Diane Crouch, Lynn Hall, and Patron Karla Grosse and Nora Ohrt, assistant track coach.

I. Call to Order

President Brune called the regular meeting to order at 8:00

II. President Brune declared the meeting to be open, legal and properly advertised with all members having been informed of the nature of the meeting and having received Related information. He also indicated the posting of the open meetings law at the front of the room.

III. Approval of Agenda

Action 1: Motion by Kliewer, second by Dick, to approve the agenda as revised. Motion Carried: 6-for; 0-against.

IV. Audience with Individuals and/or Committees Karla Grosse was present to request the school adding Cross Country as an additional fall sport.

V. Minutes of Meeting

Minutes of the regular meeting and Tax Levy Setting Hearing of September 13, 2010 were reviewed.

VI. Treasurer's Report

The General Fund Treasurer's report was reviewed and filed pending audit.

VII. Claims

VIII. Financial Reports

The financial reports for the School Lunch Fund, Activity Fund, Unemployment Fund, and the Depreciation Fund were reviewed and filed pending audit.

Action 2: Motion by Braun, second by Friesen, to approve the consent agenda which includes the minutes of the September 13, 2010 regular meeting, the minutes of the September 13, 2010 Tax Levy Setting Hearing, and the general fund and qualified capital purpose undertaking fund claims. Motion Carried: 6-for; 0-against.

IX. Administrative Reports

The board received administrative reports on Math Curriculum alignment with the Nebraska State Standards, Mrs. Goff and Mr. Blomendahl are participants in the ESU 6 technology integration group for the next two years, MAP testing in grades 3,4,5,6, & 8, Mrs. Steever, Mrs. Ratzlaff, Mrs. Watt, and Mrs. Huebert participated in the first of a series of workshops on Response to Intervention, Homecoming activities, 14 students participating in the John Baylor Test Prep program, FFA & FBLA activities, the Southern Nebraska Conference Sportsmanship attended by 10 students, Mr. Carr and Mr. Vancura, SENCAP opportunities, Jr. High teachers attended the Nebraska Association for Middle Level Educators, the principals attending ESU 6 principals meeting, and plans for attending the State School Boards Convention in Omaha.

X. Front Entrance Update

The progress of the front entrance update was reviewed.

XI. Discussion with Neighboring Districts There were no further discussions to report.

XII. NASB Voting Delegate/LRN Representative Deb Wilhelm was reappointed as the NASB Voting Delegate/LRN Representative for the Board.

XIII. Official Enrollment Report

The official enrollment report was reviewed showing the district has 311 students.

XIV. Board Self Evaluation

The board reviewed the board self evaluation instrument that is to be completed by each board member and returned to the Superintendent's office by Friday, October 29, 2010 for compilation.

XV. Superintendent's Evaluation

The board was reminded to fill out the superintendent's evaluation form and return to President Brune by Friday, October 29, 2010 for compilation.

XVI. 1994 Dodge Van Sale

The sealed bids for the sale of the 1994 Dodge Van were reviewed.

Action 3: Motion by Dick, second by Braun, to approve the high bid of \$850.00 from Adam Carver for the sale of the 1994 Dodge van. Motion Carried: 6-for; 0-against.

XVII. Bus Purchase

Action 4: Motion by Dick, second by Braun, to approve the purchase of a used Blue Bird bus from Masters Transportation for \$10,000. Motion Carried: 0-against.

XVIII. Van Purchase

Action 5: Motion by Friesen, second by Wilhelm, to approve the purchase of a used 2010 program van from Sutton Chevrolet for \$22,500.00. Motion Carried: 6-for; 0-against.

Early Retirement Policy

The board further reviewed the early retirement policy that is in place for certified personnel and made plans for a committee of board members to meet with a committee of certified staff members.

XX Personnel

Action 7: Motion by Friesen, second by Kliewer, to approve the addition of a second section of kindergarten for the 2010-2011 school year and the appointment of Kim Hiebner as the teacher. Motion Carried: 6-for; 0-against.

Action 8: Motion by Dick, second by Braun to approve the appointment of Tim Wiemer as assistant boys basketball coach. Motion Carried: 6-for; 0-against.

Action 9: Motion by Braun, second by Wilhelm, to approve the appointment of Michelle Green as assistant track coach. Motion Carried: 6-for; 0-against.

Action 10: Motion by Friesen, second by Kliewer, to approve Tamara Sanchez as a local substitute teacher. Motion Carried: 6-for; 0-against.

Action 11: Motion by Kliewer, second by Braun, to go into executive session at 9:42 p.m. to review a student behavior issue. Motion Carried: 6-for; 0-against. Board came out of executive session at 9:55 p.m.

XXI. Adjournment

President Brune adjourned the meeting at 9:55 p.m.

HAVE A HAPPY NEW YEAR!





Sports and Sportsmanship

hildren's sports should be fun, fulfilling, and teach good sportsmanship. Sometimes, however, competitive and assertive adults can undermine these goals and ruin the child's experience. The key is to make sure everyone involved is supportive of the child and practices good sportsmanship. Here are some tips:

• Let children choose. Make sure that your child chooses which sports to try. Parents can unknowingly pressure their children to live up to their athletic dreams or accomplishments.

• Encourage variety. Getting too wrapped up in a single sport at a young age may lead to emotional and physical problems as your children grow. Also, parents who have invested a lot of time and money in one sport, may prevent their children from trying something new. A better idea is to try a variety of sports and see what "clicks"—all the while knowing that your child's interests may change.

• Look for the right fit. Take extra time matching your child with the right team and league. For younger children, focus on leagues that emphasize gaining skills rather than competition. As your child progresses, he or she may want to register for more competitive leagues.

• The coach is key. Do your homework when it's time to match your child with a coach by talking to other parents and children. Concentrate on how the coach makes the children feel, how much they're learning, and how much fun they are having, instead of on the win-loss record.

• **Keep disappointment to yourself**. Every child feels down when they he or she has a bad day on

the field or court. Don't let them feel they've disappointed you. Remember that frustrated or disappointed children need you to be understanding and encouraging. Also, try to avoid making negative comments or even "helpful criticism" immediately following an event. Leave a little time so that everyone has a chance to get some perspective.

• Have the coach talk to parents who are over-the-top. There's often at least one parent who

seems unable to control
his or her outbursts
during games. Rather
than handling it
yourself, speak with the
coach. Ask him or her
to sit down and
discuss how the
negative actions make
other parents and
children feel.

• Tune out gametime criticism. Teach

children to tune out criticism
while they're playing. Help them
develop a mental shield, so that any
taunting remarks from the audience bounce

right off them.

• Penalize unsportsmanlike conduct. As in

many sports, there's a penalty for unsportsmanlike behavior. Make sure your children know that your family has a policy as well. Never allow your children to get away with name-calling, dirty play, cheating, or acting out. Have firm rules in place and enforce them. If the bad behavior persists, pull your child from the team.

Finally, don't push your child. It would be amazing if your child became an Olympic star or professional athlete. But remember that the chances of that occurring are slim, even for children who excel at a young age. Encourage their ambition, but understand that the main reasons to get involved in sports are to learn teamwork, have fun, get fit, and make friends.





Los Deportes y la Deportividad

os deportes para los niños deben ser entretenidos, servir como una fuente de satisfacción, y enseñar la deportividad. Sin embargo, a veces los adultos competitivos y agresivos pueden socavar estas metas y arruinar la experiencia del niño. La clave es de asegurarse que todas las personas involucradas apoyen al niño y practiquen la deportividad. Aquí hay algunos consejos:

• Deje que los niños elijan. Asegúrese de que su niño elija cual deporte desea probar. Sin darse cuenta, los padres a veces pueden presionar a sus niños a vivir sus sueños o realizaciones atléticas.

• Anímelos a probar una variedad de deportes. El enredo demasiado en un sólo deporte a una edad temprana puede resultar en problemas emocionales y físicos a medida que crecen sus niños. Además, los padres que han invertido mucho tiempo y dinero en un deporte pueden prevenir que sus niños prueben algo nuevo. Sería una mejor idea si sus niños pudieran probar una variedad de deportes y ver lo que les hace tener éxito—sabiendo que pueden cambiar los intereses de su niño.

• Busque algo que calce bien.

Tome tiempo adicional para calzar su niño con el equipo y liga correcta.

Para los niños menores, concéntrese en ligas que enfaticen ganar destrezas en lugar de competir. A medida que su niño progrese, él o ella podría desear registrarse en ligas más competitivas.

• El entrenador es la clave. Haga sus tareas cuando sea tiempo de encontrar el entrenador apropiado por medio de hablar con otros padres y niños. En lugar de sólo considerar el récord de ganancias y pérdidas, concéntrese en cómo el entrenador hace sentirse a los niños, cuanto están aprendiendo, y cómo se están divirtiendo.

• No demuestre las desilusiones. Todos los niños

se sienten deprimidos al tener un mal día en la cancha. No deje que piensen que usted está desilusionada. Recuerde que los niños frustrados o desilusionados necesitan que usted los comprenda y anime. Además, evite hacer comentarios negativos o aún tratar de ayudar por medio de criticar inmediatamente después de un evento. Deje pasar un tiempo para que todos tengan la oportunidad de

lograr una mejor perspectiva.

• Deje que el entrenador hable con padres que se han pasado más allá de lo correcto. Durante los partidos, siempre hay por lo menos un padre que parece no poder controlar sus arranques emocionales. En lugar de tratarlo usted misma, hable con el entrenador. Pídale que se siente y discuta cómo las acciones negativas hacen sentirse a

los otros padres y niños.
• Ignore las críticas durante el partido.

Enséñele a los niños a ignorar las críticas mientras juegan. Ayúdeles a desarrollar una defensa mental, para que cualquier comentario burlesco de la audiencia rebote en su contra.

• Castigue conducta que indique poca deportividad. Igual que muchos deportes, hay una pena por poca deportividad. Asegúrese de que sus niños sepan que su familia también tiene tal política. Nunca permita que sus niños llamen nombres, jueguen sucio, hagan trampas, o actúen en forma desleal. Establezca reglas firmes y refuércelas. Si la mala conducta persiste, saque a su niño del equipo.

Finalmente, no empuje a su niño. Sería fascinante si su niño pudiera ser una estrella Olímpica o atleta profesional. Pero recuerde que las probabilidades de que esto ocurra son pequeñas, aún para los niños que juegan muy bien a una edad temprana. Anímelos a trabajar para lograr sus ambiciones, pero comprenda que las razones principales para participar en los deportes son para aprender a jugar en equipo, divertirse, ponerse en forma, y formar amistades.



INFORME a los PADRES

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December 2010

| Lunch Menu | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|---|--|---|
| Mon:Sloppy Joes Tues: Tater Tot Casse- role Wed: Pig in a Blanket Thurs: Salisbury Steak Fri: Chicken Fajitas | | | I Noodle Soup Supper 5:00-7:00 pm | | 3 G & B BB @ Wilber Clatonia 4:30/6:15/8:00 pm | 4 JH GBB @ York St. Joe 9:30 am G & B BB Twin River @ (H) 2:30/4:15/6:00 pm |
| Mon: Cheeseburgers Tues: Soup Day Wed: Tacos Thurs: Ham Dinner Fri: Pancake Day! | 6 JH GBB @ Sutton 4:00 pm | 7 G & B BB Harvard @ (H) 5:15/6:15/8:00 pm | 8 District FFA Leader- ship skills @ Seward New Board Member Orientation-Kearney | 6 | 10 G & B BB @ Sandy Creek 4:30/6:15/8:00 pm PANCAKE DAY!! | I I G & B BB Hampton (2) (H) 6:00/7:30 pm IGNITE dance team ACT test date |
| Mon: Pork Steak Tues: Max Cheese Stix Wed: Baked Potato Bar Thurs: French Toast Sticks | /3 JH G BB Fullerton @ (H) 5:00/6:00 pm FFA/FBLA mtg 7:00 pm Board of Ed Mtg. 7:00 pm | 14 G BB @ Shelby 6:15/8:00 pm | 15 Jazz Band/Chamber singers @ Grand Island 2:00 pm | 16 JH GBB Cross County @ (H) 4:00/5:15 pm | 17 G & B BB Thayer Central @ Hebron 4:30/6:15/8:00 pm | 18 |
| Fri: BBQ Pork | | | -NHS FOOD DRIVE- | | | |
| Mon: PopCorn Chicken Tues: Sloppy Joes Wed:Cooks Choice Thurs: NO SCHOOL | 20 K-6 Christmas Program 2:30/7:00 pm | 7-12 Christmas Program 7:30 pm New Board Member Orientation 6:00 am | Dismiss @ 1:30 pm Christmas Vacation | 23 | 24 | 25 |
| 11. 100 SCHOOL | | Ottentation 2.00 ann | | 3YMS Closed - NSAA 5 | GYMS Closed - NSAA 5 day Moratorium Dec 22-26th | -26th |
| 26 NSAA Moratorium – | 27 Christmas Vacation | 28 | 29 | 30 | 31 | |
| Gyms Closed | G & B BB Holi (Milford/Central City | G & B BB Holiday Tournament (Milford/Central City/Doniphan Trumbull) | | | | |

Heartland Community Schools 1501 Front Street Henderson, NE 68371 (402)723-4434 www.heartlandschools.org

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ECRWSS POSTAL CUSTOMER

IMPORTANT DATES TO REMEMBER

December 6-17: NHS Food Drive

December 20: K-6 Christmas program 2:30 matinee & 7:00 pm

December 21: 7-12 Christmas program 7:30 pm

December 22: Dismiss at 1:30 for Christmas Vacation

December 23-January 5: No School Christmas Vacation

December 22-26: NSAA Moratorium - All gyms closed

January 5: Begin Second Semester

Heartland Community Schools Board of Education, Administration, Faculty and Staff wish you a very Merry Christmas and a Happy New Year!

