

Sandy Creek Invitational Track and Field Meet
Tuesday, April 4th 2017

12:30	Coaches Scratch Meeting in the Gym		
1:00	Field Events		
		First	Second
	Shot Put	Boys West Ring	Girls West Ring
	Discus	Girls West Ring	Boys West Ring
	Long Jump	Boys Southeast Pit Girls Northeast Pit	
	Triple Jump	Boys Southeast Pit Girls Northeast Pit	
	High Jump	Boys	Girls
	Pole Vault	Girls	Boys

-Times are Tentative. We will try to run ahead of schedule if possible.
 Athletes must be on time for their events. We will not wait for anyone.

2:00	Running Events		
2:00	Girls 3200 Meter Relay-Finals		
2:15	Boys 3200 Meter Relay-Finals		
2:30	Girls 100 Meter Hurdles-Preliminaries		
2:35	Boys 110 Meter High Hurdles-Preliminaries		
2:45	Girls 100 Meter Dash-Preliminaries		
2:50	Boys 100 Meter Dash-Preliminaries		
3:00	Girls 400 Meter Dash-Finals		
3:05	Boys 400 Meter Dash-Finals		
3:10	Girls 3200 Meter Run-Finals		
3:25	Boys 3200 Meter Run-Finals		
3:40	Girls 200 Meter-Preliminaries		
3:45	Boys 200 Meter-Preliminaries		
	Break Time		
4:10	Finals		
4:10	Girls 100 Meter Hurdles	5:15	Girls 200 Meter Dash
4:15	Boys 110 Meter Hurdles	5:20	Boys 200 Meter Dash
4:20	Girls 100 Meter Dash	5:25	Girls 1600 Meter Run
4:25	Boys 100 Meter Dash	5:35	Boys 1600 Meter Run
4:30	Girls 800 Meter Run	5:45	Girls 400 Meter Relay
4:40	Boys 800 Meter Run	6:50	Boys 400 Meter Relay
4:50	Girls 300 Meter Hurdles	6:00	Girls 1600 Meter Relay
5:00	Boys 300 Meter Hurdles	6:10	Boys 1600 Meter Relay

(WE WILL RUN AHEAD OF SCHEDULE IF POSSIBLE)

PRESS BOX : Sandy Creek

TICKET TAKER:.....Sandy Creek
STARTER:SKIP OLDS
CLERK OF START:MATT SWARZENDRUBER
CLERK OF FINISH:..... RUSS NINEMIRE

HURDLE SETTERS:	STARTING BLOCKS:
1. CENTRAL CITY	SANDY CREEK
2. CENTRAL CITY	
3. AURORA Jv's	
4. HEARTLAND	
5. G.I. Jv's	
6. ST. CECILIA	
7. SUTTON	
8. SUPERIOR	
9. Loop City / Acracdia	
10. SANDY CREEK	

RELAY EXCAHNGE JUDGES:
1. **SUTTON/ST. CECILIA**
2. **AURORA JV'S /GRAND ISLAND JV'S**
3. **HEARTLAND/SUPERIOR**

WE WILL ONCE AGAIN ASKING FOR YOUR HELP IN RUNNING OFF A FIELD EVENTS FOR US. HERE IS A LIST OF ASSIGNMENTS: PLEASE SUPPLY YOUR OWN TAPES MESSURES AND HELPERS FOR YUR EVENTS.

	BOYS	GIRLS
POLE VAULT.....	SUTTON.....	HEARTLAND
LONG JUMP	ST. CECILIA.....	CENTRAL CITY
TRIPLE JUMP.....	ST. CECILA.....	CENTRAL CITY
HIGH JUMP.....	AURORA JV'S.....	GRAND ISLAND JV'S
SHOT PUT.....	LOOP CITY/ ARCADIA.....	LOOP CITY/ARCADIA
DISCUS.....	SUPERIOR.....	SUPERIOR

WE ARE USING THE SYDEX OUTLINE PROGRAM THIS YEAR. PLEASE EMAIL ALL ENTRIES BACK TO US BY MARCH 30, 2017
RESULTS FOR BOTH FIELD& RUNING EVENTS WILL BE AVAILABLE UNDER THE PRESS BOX. Entry fee: \$180.00 per school.

